

MaccTivity  
#MOVEMOREMACCLESFIELD



Cycle Macclesfield

# MACCLESFIELD CYCLE RIDE 1 - SUTTON LANE ENDS

Please read the directions and study the map before turning the pedals

## Starting Exchange Street Car Park

- 1 Turn **LEFT** on to Churchill Way
- 2 **1st RIGHT** on to Roe Street, **continue** on Shaw St
- 3 Turn **LEFT** on to Bond Street
- 4 **Continue** to Traffic Lights at Park Lane junction
- 5 **Continue STRAIGHT** on to Ryles Park Road
- 6 **Continue** to T-junction, Turn **LEFT** on to Ridge View
- 7 At junction with Western Avenue turn **LEFT** on to Robin Hood Avenue (one way)

## Shorter Route (2 Miles)

- 8 Turn **1st LEFT** on to Coppice Rise, **continue** to the junction
- 9 Turn **RIGHT** on to Maple Avenue down to High Street
- 10 Turn **LEFT** on to High Street
- 11 **Continue** to **5th RIGHT** hand turn on to Mill Road
- 12 Turn **LEFT** on To Mill Lane, bear **LEFT** at the Silk Road Junction
- 13 Straight through the Traffic Lights at Park Green and **continue** up Mill Street.
- 14 Turn **LEFT** in to Roe Street and **RIGHT** to return to Exchange Street Car Park. **END**

## Longer Route (5 Miles)

- 8 **Continue** down Robin Hood Avenue, bear **LEFT** and then **RIGHT** on to London Road
- 9 **Continue** past Macclesfield Town Football Club and over the canal bridge
- 10 Turn **LEFT** in to Lindrum Avenue
- 11 At junction with Robin Lane, turn **LEFT** and **continue** along to Sutton Lane Ends cross roads
- 12 Turn **LEFT** on to Hall Lane, **continue LEFT** on to Byrons Lane
- 13 at Railway View turn **RIGHT** on to Gunco Lane
- 14 Take **1st LEFT** on to Heapy Street
- 15 Turn **LEFT** at Windmill Street
- 16 Take **1st RIGHT** at railway bridge in to Waterside
- 17 Turn **LEFT** at the Silk Road flyover (Lower Bank Street)
- 18 Turn **RIGHT** on to Mill Lane and **continue** through Park Green traffic lights. **Continue** up Mill Street
- 19 Turn **LEFT** in to Roe Street and **RIGHT** to return to Exchange Street Car Park. **END**



# MACCLESFIELD CYCLE RIDE 2 - BOLLINGTON

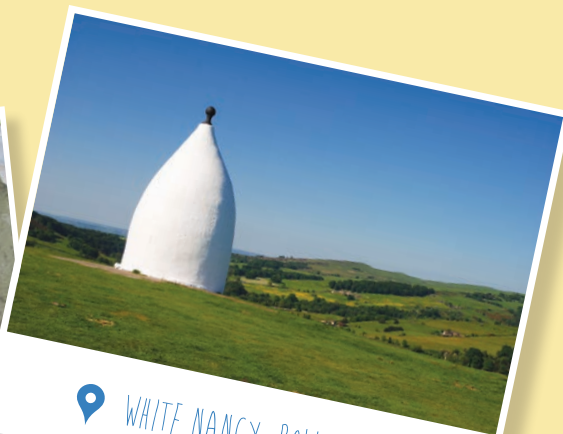
Please read the directions and study the map before turning the pedals

## Starting Exchange Street Car Park – 6 Miles

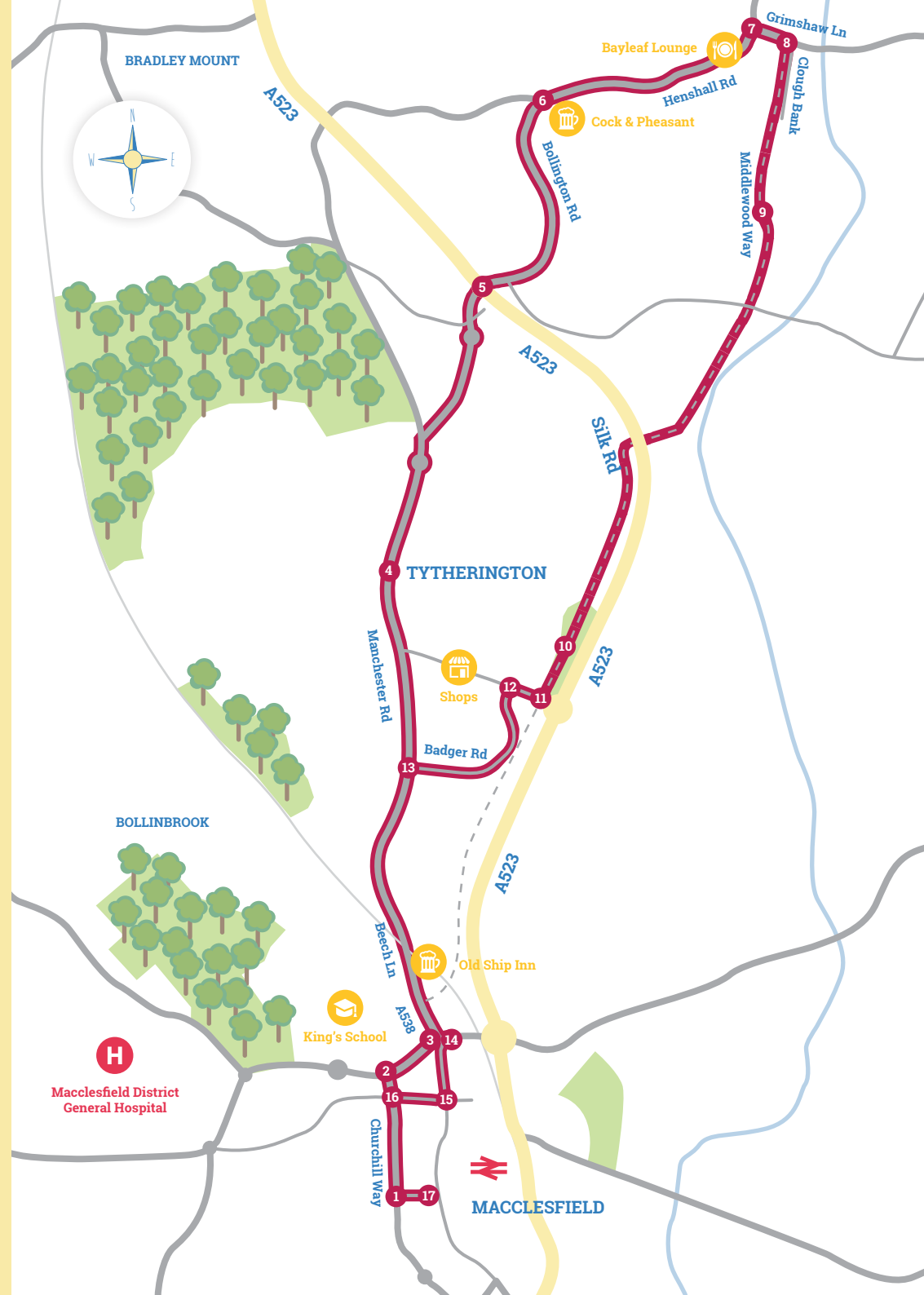
- 1 Turn **RIGHT** on to Churchill Way, continue to roundabout.
- 2 At roundabout turn **RIGHT** on to Hibel Road
- 3 Turn **LEFT** at traffic lights on to Beech Lane
- 4 **Continue** through Tytherington Traffic Lights
- 5 At roundabout turn **RIGHT** on to Bollington Road
- 6 At Silk Road roundabout **continue** straight on to Henshall Road
- 7 At the bottom of the hill turn **RIGHT** on to Grimshaw Lane
- 8 Turn **RIGHT** on to Clough Bank (industrial area), leading on to Middlewood Way
- 9 **Continue** along Middlewood Way
- 10 **Cross** on to Tytherington Playing Fields at footbridge over Silk Road
- 11 Turn **RIGHT** at junction with Brocklehurst Way
- 12 **1st LEFT** on to Badger Road
- 13 Turn **LEFT** at junction with Manchester Road and continue up Beech Lane
- 14 **Continue** straight at traffic Lights on to Jordangate
- 15 **2nd RIGHT** (opposite library) on to King Edward Street
- 16 **LEFT** on to Churchill Way to Exchange Street Car Park.
- 17 **END**



WELCOME TO BOLLINGTON



WHITE NANCY, BOLLINGTON





# MACCLESFIELD CYCLE RIDE 3 - GAWSWORTH

Please read the directions and study the map before turning the pedals

## Starting Exchange Street Car Park

- 1 Turn **RIGHT** on to Churchill Way, **continue** to roundabout
- 2 At roundabout turn **LEFT**
- 3 At the 2nd roundabout turn **RIGHT** on to Prestbury Road
- 4 At mini roundabout turn **LEFT** on to Victoria Road
- 5 **Continue** to roundabout at Fallibroome Road turn **LEFT**
- 6 At Broken Cross roundabout **continue** straight on to Gawsworth Road for 2 miles
- 7 At T junction with Dark Lane turn **LEFT**
- 8 **Continue** to cross roads of A536

## Shorter Route (6 Miles)

- 9 Turn **LEFT** and **continue** to the traffic lights at the Flower Pot pub. There is heavy traffic along this road. Please take care.
- 10 Turn **RIGHT** on to Park Lane
- 11 At 2nd traffic lights turn **LEFT** on to Bond Street
- 12 Turn **RIGHT** on to Shaw Street and return to Exchange Street Car Park. **END**

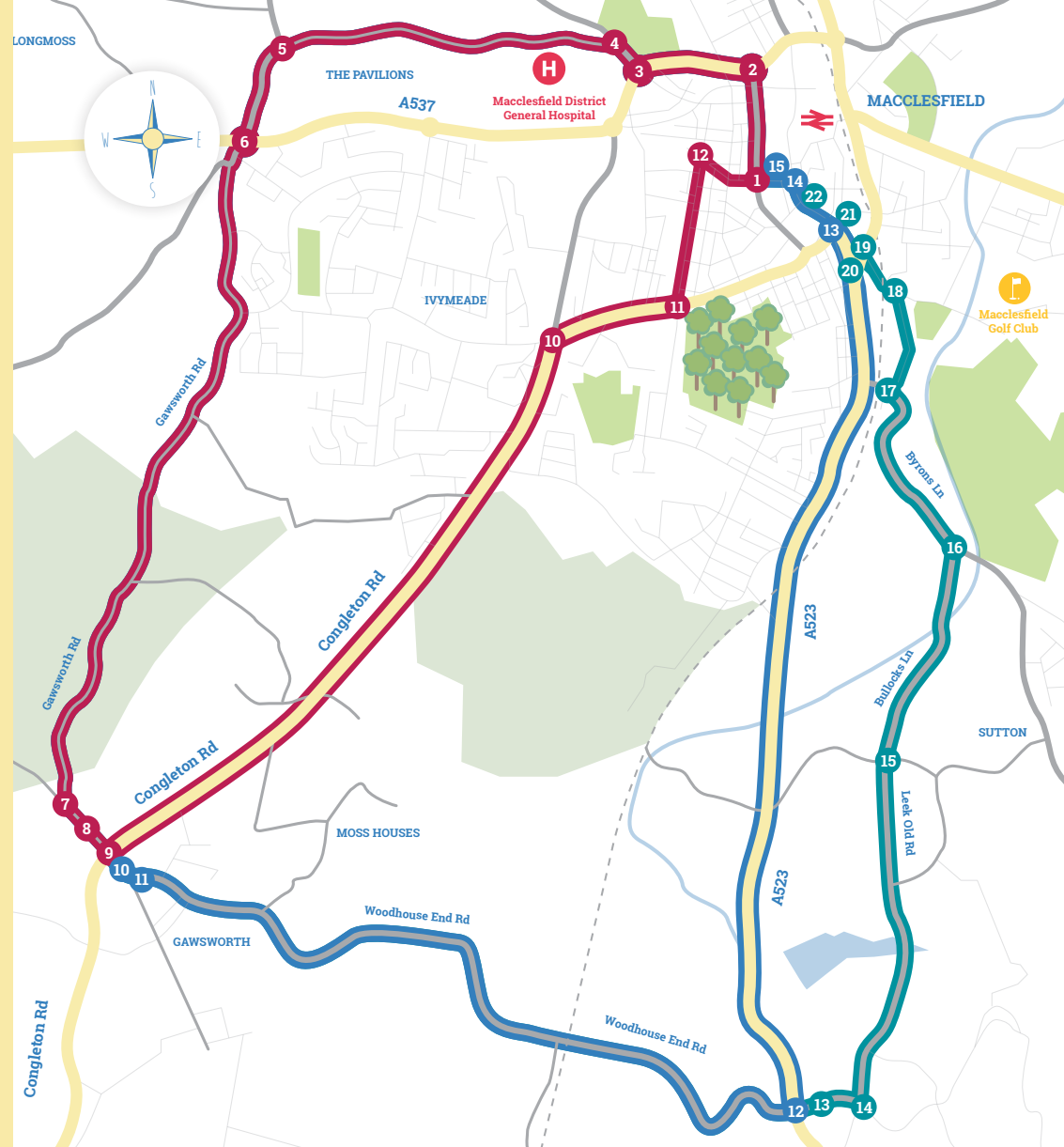
## Longer Route (8 Miles)

- 10 At the cross roads **continue** straight on to Church Lane
- 11 Take **1st LEFT** on to Woodhouse Lane/Woodhouse End Road
- 12 **Continue** to canal swing bridge at A523. Turn **LEFT** (CAUTION - ROAD TRAFFIC)
- 13 **Continue** in to Macclesfield to start of the Silk Road. Bear **LEFT** on to Mill Lane
- 14 **Continue** through Park Green traffic lights and up Mill Street
- 15 Turn **LEFT** on to Roe Street and **RIGHT** in to Exchange Street Car Park. **END**

## Champions Route (8 Miles)

Includes 2 Hill Climbs

- 13 **Continue** straight on to Radcliffe Road
- 14 Turn **LEFT** on to Leek Old Road
- 15 **Continue** ahead onto Bullocks Lane
- 16 Turn **LEFT** at T junction on to Byrons Lane
- 17 Turn **RIGHT** opposite railway View on to Gunco Lane
- 18 **1st LEFT** on to Heapy Street
- 19 and **LEFT** on to Windmill Street
- 20 1st **RIGHT** on to Waterside



- 21 and **LEFT** under the flyover of the Silk Road
- 22 **RIGHT** on to Mill Lane, through Park Green traffic Lights

- 23 Up Mill Street, turn **LEFT** on to Roe Street and **RIGHT** in to Exchange Street Car Park. **END**

# MACCLESFIELD CYCLE RIDE 4 - PRESTBURY

Please read the directions and study the map before turning the pedals

## Starting Exchange Street Car Park – 6 Miles

- 1 Turn **RIGHT** on to Churchill Way, **continue** to roundabout.
- 2 At roundabout turn **LEFT**
- 3 Turn **RIGHT** at 2nd roundabout on to Prestbury Road. **Continue** approx. 1 mile to Fallibroome Cross Roads
- 4 Turn **RIGHT** on to Macclesfield Road and **continue** down to Prestbury
- 5 At Mini roundabout turn **RIGHT** through village
- 6 At train station turn **RIGHT** over bridge
- 7 **Continue** up hill and turn **RIGHT** on Heybridge Lane
- 8 At junction with London Road turn **RIGHT**
- 9 **Continue** through Tytherington on Manchester Road then Beech Lane
- 10 At Traffic Lights **continue** straight up Jordangate
- 11 **2nd RIGHT** (opposite Library) on to King Edward Street
- 12 Turn **LEFT** at traffic lights on to Churchill Way to Exchange Street Car Park. **END**



# MACCLESFIELD CYCLE RIDE 5 - BUXTON, LEEK & GUN HILL

Please read the directions and study the map before turning the pedals

## Starting Exchange Street Car Park – 40 Miles

- 1 Turn **RIGHT** from Exchange Street car park.
- 2 **Walk** to Mill Street.
- 3 Turn **RIGHT** onto Mill Street and **continue** down toward Park Green to traffic lights.
- 4 Go **STRAIGHT** through lights at the War Memorial onto A536 to traffic lights.
- 5 Turn **RIGHT** onto A523 London Road towards Leek.
- 6 Turn **LEFT** onto Byrons Lane at Albion Cottage traffic lights.
- 7 **Continue** past Kings Head and under the canal bridge, bear **RIGHT** onto Hall Lane, **continue** through Sutton Lane Ends crossroads onto Hollins Lane.
- 8 **Continue** ascent of Hollins Lane past Ryles Arms until junction of A54, continue **STRAIGHT** merging onto A54 toward Buxton.
- 9 Follow A54 through Wildboardclough and past Blaze Farm until reaching junction with A54 Macclesfield main road, turn **RIGHT** on A54 towards Buxton.
- 10 Turn **RIGHT** at junction onto A53 towards Leek, climb and then descend past The Roaches until the Three Horseshoes Inn.
- 11 Turn **RIGHT** towards Tittesworth Reservoir, follow road past reservoir and Lazy Trout Pub.
- 12 **Climb** the famous Gun Hill toward Swythamley, follow the descent into Wincle, over the bridge, past the brewery, and up the hill past the Ship Inn.
- 13 Follow Barlow Hill back to the junction with A54, turn **LEFT** onto A54 and back to junction with Hollins Lane.
- 14 Descend back through Sutton on Hollins Lane opposite of the way you climbed out of Macclesfield, back to Byrons Lane junction where **RIGHT** turn will send you back towards the town.
- 15 A **LEFT** turn at the next lights will see you back toward Exchange Street.



📍 WINCLE BREWERY, WINCLE



 TITTESWORTH

## Be Safe

Please remember that these routes are on the public highways and you should ensure that you are a properly experienced and skilled cyclist for the route. Please also make sure that you are visible at all times, have working bike lights and wear appropriate personal safety equipment, such as a helmet and high visibility clothing. This route is intended to be family friendly. However, you must consider your child's age, cycling ability and the route before deciding to ride.

## MaccTivity

Macclesfield Town Council has introduced the MaccTivity initiative to encourage local people to Move More and increase their physical activity each day. You might decide to start walking instead of driving to local places, or set yourself a target of completing each of our suggested cycle routes.

Macclesfield is the perfect starting location for a day's cycling. With rolling hills, excellent transport links and wonderful places to re-fuel with food and drink, there is no better place to meet up with your friends for a day's riding in the beautiful countryside which surrounds the Town.

Being outside and being active will have a positive impact not only on physical fitness, but also on mental wellbeing. It also helps to reduce the chance of certain serious health conditions.

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GET IN TOUCH

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